snyb is the local vcs infrastructure support organisation which offers help and support to voluntary organisations across the district





Supported by:



Thinking of volunteering How to get involved





Whittons Lane Towcester NN12 6YZ Tel. 01327 358264 Fax. 01327 358428

info@snvb.org.uk

Also at: Volunteer Centre Market House Courtyard Brackley **NN13 7AB**

Tel. 01280 841250 Fax. 01280 704284

Registered charity 1104848 Company limited by guarantee 5068116, registered in Cardiff.



Supporting voluntary activity across South Northamptonshire











Make a difference to the issues you care about in your community by just giving a little of your time



How snvb can help you volunteer

Volunteering is unpaid work for an organisation, individual or someone who is not a member of your family.

We hold information on which local organisations are looking for volunteers and we match potential volunteers to these opportunities.

What should you consider?

To help you find the right volunteering placement it helps to think about what work you would like to do and why you wish to do it.

Additionally, how far you are willing to travel, when you are available and how much time you can spare.

Volunteering is open to you

We can assist you to work out what volunteering interests you and find you suitable organisations and opportunities. We can offer on-going advice and support if you need it. We want you to volunteer and we want you to enjoy it!

How can I find out what I can do?

- Look at our website www.snvb.org.uk. We have a large database of opportunities that you can apply for on-line
- Call into one of our volunteer centres in Towcester or Brackley.
- Contact us on 01327 358264 or email info@snvb.org.uk

What if I need more help?

For more information you can make an appointment for an informal chat, which gives us the opportunity to find out a little bit more about you, your interests and skills.

We can then let you know about local opportunities and, if you wish, make arrangements for you to visit.

Alternatively, we can provide some information leaflets. Naturally you are free to go away and think about what is on offer and you are under no obligation to volunteer.

Volunteering when on benefits

Did you know that getting involved with volunteering could help improve your employability?

Many volunteering opportunities can offer benefits to those trying to get back into work, or to those unable to take on regular work.

Volunteering should not affect your benefits, so long as the only money that you receive is to cover your actual volunteering expenses, such as travel from home to the volunteering location.

You should inform your benefits or Jobcentre Plus advisor when you start volunteering.

There are no limits on the amount of time that you can spend volunteering, as long as you continue to meet the conditions of the benefit or tax credit that you are receiving.

For more information about how we can help call 01327 358264 visit www.snvb.org.uk