snyb is the local yes infrastructure support organisation which offers help and support to voluntary organisations across the district





## Supported by:



"Through volunteering, selfmy esteem, confidence, social skills, work skills and employability levels have increased. I have volunteered for over 130 hours in a gardening project and I've loved every minute. I'm now starting a small garden maintenance business."

Kevin



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Registered charity 1104848 Company limited by guarantee 5068116, registered in Cardiff.



#### Sept 2018

# Volunteering while job seeking

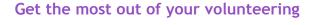
Volunteering can make you a winner in the jobs market



Supporting voluntary activity across South **Northamptonshire** 



# Bosses believe volunteers have better social skills, are good team players, harder working and self-motivated than other applicants



Research has shown that people who volunteer can enjoy a massive advantage in the job market

Studies show that upto 80% of employers are more likely to hire an applicant with volunteering experience.

An enhanced ability to get on with people from all walks of life, experience of different organisations, and doing something positive are all cited as reasons why volunteers particularly impress employers.

Many bosses consider volunteers to be better quality job candidates. Three quarters of hirers say given the choice between two identical candidates, they would select the person with a track record of giving their time for free.

### Does volunteering affect your benefits?

Volunteering shouldn't affect your right to benefits. As long as the only money you receive is to cover your volunteering expenses, such as travel.

There are no limits on the amount of time you can volunteer for, as long as you continue to meet the conditions of the benefit or tax credit you are receiving.

For example, if you receive Jobseekers Allowance you must:

- still be actively seeking a full-time job
- able to go to job interviews at 48 hours' notice
- be available to work at one week's notice

It is always advisable to discuss your choice of voluntary work with your personal benefits adviser, Job Centre Plus advisor or contact the Jobs & Benefits / Social Security office that pays your benefit, before you start.

For more information about how we can help call 01327 358264 visit www.snvb.org.uk